



SWEET CARROT CHOCOLATES

INGREDIENTS

- 80 grams of carrots
- 1 large handful peeled walnuts
- 10 dates without seed
- 1 teaspoon of cinnamon
- 50 grams of grated coconut

DIRECTIONS

Grate the carrot. Put the grated carrot, the peeled walnuts, dates, cinnamon and the half of the grated coconut in a food processor.

Mix it till a sticky mass.

Turn balls with your hands of it. Is it very sticky? Wet your hands a little.

Roll the balls through the left over coconut.

Serve with a glass hot tea.

SWEETS

6 PIECES

TIME: 15 MINUTES

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