



CHICKPEA SALAD WITH BELL PEPPER

INGREDIENTS

- 1 can of chickpeas 310 grams
- ½ red bell pepper
- 3 black olives without seed
- Basil leaves
- ¼ lemon
- 1 tablespoon of olive oil
- Handful of leaf lettuce
- 3 cherry tomatoes
- 1 sweet bell pepper
- 1 ball of mozzarella

DIRECTIONS

Drain the chickpeas.

Slice the bell pepper in cubes. Slice the sweet bell pepper in thin rings.

Slice the olives in small pieces.

Mix the chickpeas with the red bell pepper, olives, some fresh grated black pepper, lemon juice and olive oil.

Divide the leaf lettuce on a plate and serve the chickpeas salad on it.

Halve the cherry tomatoes and divide them together with the pepper rings over the chickpeas salad.

Garnish with pieces of mozzarella, basil leaves and some more black pepper.

LUNCH/ SALAD

2 PERSONS

TIME: 15 MINUTES

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